

Menu Item:

Sunrise Sandwich - English Muffin

Calories	Calories from fat	Total Fat	Saturated Fat	Trans Fat
400	150	16g	6g	0g
Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars
290mg	880mg	41g	1g	2g
Protein	Vitamin A	Vitamin C	Calcium	Iron
20g	10%	0%	30%	20%