

Menu Item:

Spinach Salad

Calories	Calories from fat	Total Fat	Saturated Fat	Trans Fat
330	150	18g	6g	0g
Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars
20mg	470mg	36g	6g	24g
Protein	Vitamin A	Vitamin C	Calcium	Iron
12g	170%	50%	25%	20%