

Menu Item:

Oatmeal...made better

Calories	Calories from fat	Total Fat	Saturated Fat	Trans Fat
150	30	3g	0g	0g
Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars
0mg	120mg	28g	5g	0g
Protein	Vitamin A	Vitamin C	Calcium	Iron
6g	30%	0%	2%	70%