

Menu Item:

# Newfoundland

<b>Calories</b>	<b>Calories from fat</b>	<b>Total Fat</b>	<b>Saturated Fat</b>	<b>Trans Fat</b>
740	310	33g	14g	4g
<b>Cholesterol</b>	<b>Sodium</b>	<b>Carbohydrates</b>	<b>Dietary Fiber</b>	<b>Sugars</b>
145mg	2170mg	59g	3g	6g
<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Calcium</b>	<b>Iron</b>
51g	15%	10%	45%	25%