

Menu Item:

Chicken Breast (4 oz.)

Calories	Calories from fat	Total Fat	Saturated Fat	Trans Fat
170	30	3.5g	1g	0g
Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars
85mg	740mg	2g	0g	1g
Protein	Vitamin A	Vitamin C	Calcium	Iron
31g	0%	0%	2%	6%