

# Nutritional Value

Menu Item:

## Black Lab

<b>Calories</b>	<b>Calories from fat</b>	<b>Total Fat</b>	<b>Saturated Fat</b>	<b>Trans Fat</b>
620	210	22g	12g	0g
<b>Cholesterol</b>	<b>Sodium</b>	<b>Carbohydrates</b>	<b>Dietary Fiber</b>	<b>Sugars</b>
110mg	1790mg	60g	2g	4g
<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Calcium</b>	<b>Iron</b>
41g	35%	100%	8%	45%